





winter autumn 24/25



**DANCE
LIMERICK**

-
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Cover photo by Nigel Enright
Graphic design by Leonor Miralles

A WELCOME FROM MARY WYCHERLEY, DIRECTOR OF DANCE LIMERICK

We are thrilled to invite you to experience Dance Limerick's 2024 Autumn / Winter Programme.

Throughout the summer our spaces have been a hive of dance activity. We thank you for joining us. You have inspired us to dig deep, refresh and prepare for our Autumn of events together.

Our dynamic line-up responds to many of today's significant themes and conversations. It deepens awareness and understanding of how we connect with each other and our environment. It nurtures inclusive spaces and diverse approaches in dance. It celebrates the joy of movement and the inspiration of dance, with our community of artists and audiences at the heart of it all.

We are proud of our dance artist and choreographers across all career stages who bring us a rich range of performances to enjoy. A host of professional development opportunities from masterclasses, Associate Artist programme and pro classes give time and space to artists to invest in their practice and push the boundaries of their work.

Our adult, youth and children's classes have a range of opportunities for everyone to dance and feel the benefits.



Photo by Maurice Gunning

We invite you to select a class, sign up for an opportunity or visit us at our performance space in John's Square. Your presence means the world to us.

As a registered charity, Dance Limerick exists to bring the joy of dance to everyone. We rely on the generous support of funders and donors to help keep our programmes accessible to all. If you have the means to offer us support or donations, we would be deeply grateful to hear from you.

It is a privilege to be immersed in the collaborative and engaging spirit that defines Dance Limerick. I am eager for the next number of months with you all fostering community and empowering artists through dance.

See you at Dance Limerick!

GET INVOLVED

AUGUST

| | | | |
|-------------------|-----------------|---|----------|
| Fri 16 12 pm | OPPS | Pro class with John Kendall | p. 12 |
| Fri 16 2 pm | OPPS | Sharing with Joh Kendall | p. 12 |
| Fri 23 12 pm | OPPS | Deadline - Compass Associate Artist | p. 19 |
| August - December | PROJECTS | To join Climate Project activities see p. 20-21 | p. 20-21 |

SEPTEMBER

| | | | |
|----------------|--------------------|---|-------|
| Wc 2 Sept | CLASSES | Start of the autumn term | p. 24 |
| Thurs 5 12 pm | OPPS | Pro class with Aniela Piasecka | p. 12 |
| Thurs 12 3 pm | OPPS | Sharing with Aniela Piasecka | p. 12 |
| Fri 13 12 pm | OPPS | Pro class with Aniela Piasecka | p. 12 |
| Sat 14 7.30 pm | PERFORMANCE | <i>Teermann Aiteach / Queer Sanctuary</i> | p. 06 |
| Fri 20 12 pm | OPPS | Pro class with Rocío Domínguez | p. 13 |
| Fri 20 6 pm | PERFORMANCE | <i>Culture Night</i> | p. 07 |
| Fri 27 12 pm | OPPS | Pro class with Lewis Wilkins | p. 18 |

OCTOBER

| | | | |
|------------------|--------------------|-------------------------------------|-------|
| Fri 4 & 11 10 am | OPPS | Online pro class with Lucia Kickham | p. 18 |
| Sat 12 11 & 1 pm | PERFORMANCE | <i>Moving Words</i> | p. 08 |
| Sun 13 12 pm | PERFORMANCE | <i>Movement for your Mind</i> | p. 03 |
| Thurs 17 11 am | OPPS | Workshop with Claire Keating | p. 16 |
| Thurs 17 6.30 pm | OPPS | Score/Improv/Play w Claire Keating | p. 16 |
| Fri 25 12 pm | OPPS | Pro class with Cathy Walsh | p. 14 |
| Wc 28 Oct | CLASSES | Start of the winter term | p. 24 |

NOVEMBER

| | | | |
|-----------------------------------|--------------------|--------------------------------------|-------|
| Fri 1 12 pm | OPPS | Pro class with Cathy Walsh | p. 14 |
| Thurs 7 6.30 pm | PERFORMANCE | <i>M.A.D. Limerick</i> | p. 09 |
| Fri 8 & 22 10 am | OPPS | Online pro class with Lucia Kickham | p. 18 |
| Fri 15 2 pm | OPPS | Masterclass with Alessandra Azeviche | p. 15 |
| Thurs 21 6 pm | PROJECTS | Climate Project End Sharing | p. 21 |
| Thurs 28 & Fri 29 11 am - 6 pm | OPPS | Workshop w Bex Andson & Dav Bernard | p. 17 |

DECEMBER

| | | | |
|------------|--------------------|----------------------------|-------|
| Fri 6 | OPPS | Open Futures final sharing | p. 17 |
| Sat 7 2 pm | PERFORMANCE | <i>Class showcase</i> | p. 10 |
| Sun 8 2 pm | PERFORMANCE | <i>Winter Warmer</i> | p. 11 |

TEARMANN AITEACH/ QUEER SANCTUARY

ISABELLA OBERLÄNDER &
FEARGHUS Ó CONCHÚIR

Saturday 14 Sept 7.30 pm

€15/12 Tickets at dancelimerick.ie

Please note: Contains loud noise, smoke machines, strobe lighting and nudity.

Sweaty dancing, fabulous strangeness, abundance, transforming naked bodies, sparkling visual design and gorgeous garments. What's not to love?

Tearmann Aiteach / Queer Sanctuary dances a welcoming space that supports flourishing, solidarity and spritely sparkle. It has grown out of Fearghus Ó Conchúir and Isabella Oberländer's separate practices as artists of different genders, generations and nationalities

Their dancing together celebrates what's possible between their queer bodies and others.

You're invited to watch, and if you fancy, to dive in. Dress up or not. Sparkle.

Isabella & Fearghus will enjoy a production residency at Dance Limerick 9-13 September that will allow them to put the final touches on the piece before its premier in Dance Limerick and national tour.

Produced with the support of The Arts Council of Ireland and Dance Limerick. TA/QS is also supported by Dance Cork Firkin Crane, Dublin Fringe, Dance Ireland, the Tyrone Guthrie Centre, Tipperary Dance and Dublin Dance Festival.

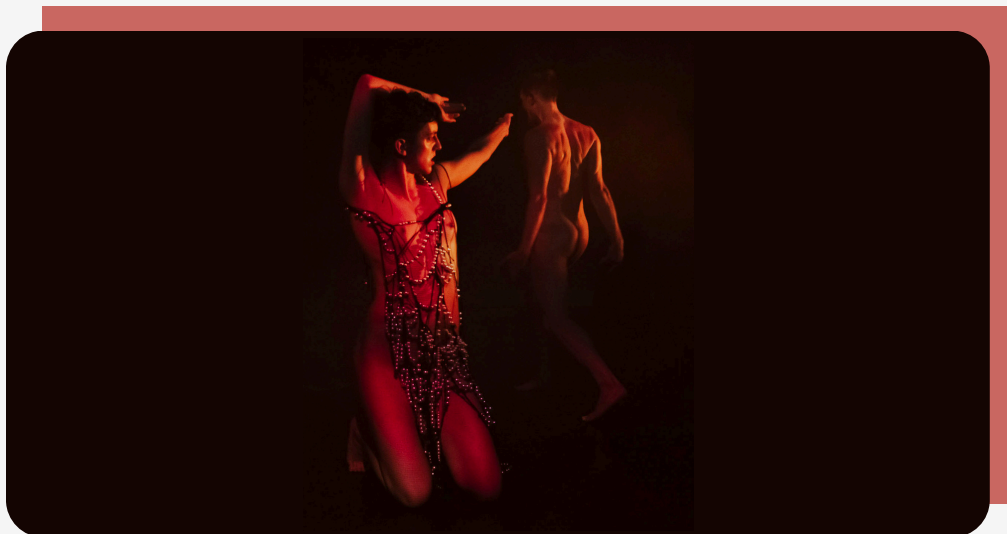


Photo by Nigel Enright

CULTURE NIGHT



Photo by Maurice Gunning

Friday 20 Sept 6 - 11 pm

Free entry

Registration required through dancelimerick.ie

A celebratory dance event - an opportunity for synergy among creative spirits, community and connection.

6-7 pm Watch & Experience

Join us in a relaxed performance space to watch new dance work created with the Limerick community. **Being** is a performance by an intergenerational group of children, adults and local dance artists, led by Katy Hewison, with live music by Paddy Mulcahy.

7-8.30 pm Take part

Local dance artists will share a range of dance styles from Contemporary to Indian classical dance, hip hop and more.

9-11 pm Late night with Top8

The night will end with a Street Dance and Hip Hop Culture event by Top8, which aims to showcase the rich and underground culture of neo-Irish-Afrolism with dance cyphers and performances from K.R.U.M.P to Afro dance to Hip Hop and much more.

MOVING WORDS



Photo by Nir Arfeli

SELMA DANIEL DANCE

Saturday 12 Oct | 11 am & 1 pm

€12 | Tickets at limetreebelltable.ie

Sit down, not for long though! Open your listening ears and your seeing eyes and get ready to enter a world where wicked fairy and a giant come to life. Will Finn the warrior of the Fianna let them loose?

Moving Words is a story time and live dance performance event for young audiences that combines the art of contemporary dance and the reading of selected picture

book, with the aim of making live dance performance accessible to a wider audience.

This event provides a community the experience of a dance performance integrated with an inclusive and specially tailored movement workshop. This event is recommended for children from 6 to 8 years.

Presented in partnership with the Limetree Theatre for Bualadh Bos Children's Festival.

M.A.D. LIMERICK

CO-CURATED BY ALEX VOSTOKOVA AND GRACE CUNY

In partnership with Dance Limerick

Thurs 7 Nov | 6.30 pm

Pay what you can. Booking required through dancelimerick.ie

Alexandra Vostokova and collaborator Grace Cuny will be in residence in Dance Limerick as part of Alexandra's Arts Council of Ireland Bursary Award.

With a focus on dance and music improvisation in performance, the research residency will culminate in an evening event in partnership with Dance Limerick providing dancers with opportunities to dance and perform publicly.

We invite you to participate in an inclusive jam/performance, welco-

ming practicing artists from all disciplines as well as enthusiastic audiences. This continuous improvisation event will feature a dynamic mix of curated live music, life drawing, dance, song, and spoken word. The artists aim to prioritise experimentation, sweat and collaboration within a vibrant, supportive environment.

Open to everyone—no prior experience is necessary. Just bring yourself, your friends, and an open mind. To get involved email gcunydance@aol.com



Photo by Alexandra Vostokova

MOVEMENT FOR YOUR MIND

IN PARTNERSHIP WITH LIMERICK MENTAL HEALTH ASSOCIATION

Sunday 13 October | 12 pm

Free entry. Register at dancelimerick.ie



Photo by Vlada Afanasjevska

Join us for a lively, joyous celebration of the spirit of dance at this cultural event during Limerick Mental Health Week. Take part in dance workshops and watch performances by community groups in Killmallock, Newcastle West and Limerick City Centre. This is part of a Limerick Mental Health Association and Dance Limerick Partnership Project for migrant communities, with thanks to all project partners involved. To get involved in our dance classes go to page

CLASS SHOWCASE

Saturday 7 December | 2 pm

Book at info@dancelimerick.ie



Photo by Vlada Afanasjevska

As it is now tradition at Dance Limerick, participants from our Saturday morning and over 50s classes will delight us with some of the choreographies they have learnt over the past term for all the family to enjoy, as a fun, joyful way to say goodbye to 2024.

Family members and friends are welcome to join us for a chance to see what our students have been working on and, who knows, you might want to join us in the studio in January too!

WINTER WARMER

IN PARTNERSHIP WITH LIMERICK CITY AND COUNTY COUNCIL

Sunday 8 December | 2-4 pm

Free entry. Register at dancelimerick.ie

Drawing from the success of last year's international winter celebration, Dance Limerick are partnering with Limerick City and County Council one more year to showcase and share international dance in Limerick.

Come to Dance Limerick for an afternoon of dance from a selection of communities. We pride ourselves in being a hub of creativity, a space where artists, individuals and communities find and develop their passion for dance.

In partnership with Limerick City and County Council, this year's multicultural event Winter Warmer will embody the spirit of community, sharing and joy as we come together to celebrate the end of the year.

We have invited six artists to share different traditional dance styles that represent some of the diverse cultures that make up our city.

Come and join us, experience different dance styles and learn some new moves!



Photo by Hannah Emmory

JOHN KENDALL

PERCOLATE RESIDENCY

12-16 August

Free sharing 16 August 2 pm

John Kendall is intrigued by dances, narratives and myths created by early human society worshipping 'nature's beings'. Him and Alex Rowland will explore the change in worship from nature to instrumental technologies through a surreal satirical gaze.

PRO CLASS

16 August | 12-1.30 pm | €7

With roots in improvisation and release, this class is lighthearted throughout, allowing participants to find confidence in their own movement style.



Photo courtesy of the artist

ANIELA PIASECKA

PERCOLATE RESIDENCY

2-13 September

Free sharing 12 Sept 3 pm

Aniela draws upon years of engaging with somatic body techniques to shape up a performance that gives space for chronic pain to exist within a structure that plays with the attention and perception of both performer and audience.

PRO CLASS

5 & 13 Sept | 12-1.30 pm | €7

We will create space for exchange through movement, offering a space where diverging needs, desires, and sensibilities might coalesce to create different ways to experience the body in space.



Photo by Michael Cradock

ROCÍO DOMÍNGUEZ

PERCOLATE RESIDENCY

16-27 September

Dance artist Rocío Domínguez will work on her piece *MANY MEs*, which explores the constant search for the culmination of a rite of passage. It speaks about the death of a sister, the remaining wounds of a violent love relationship and missing home. She immerses herself in ideas of mourning and uprooting and investigates a space of no-time. In this space, the dancer is trapped in an attempt to conclude a rite of passage, in order to move on to a following step.

MANY MEs is one of three productions in the series that the artist calls *Steps Towards Myself*.

PRO CLASS

25 Oct & 1 Nov | 12-1.30 pm | €7

Book at dancelimerick.ie

We will work with improvisation and composition tools to create a community within the group, at the same time that we give space to our individual and authentic body language. We will work on focus, openness, awareness of body and space. The aim is to boost our creative power and capacity to relate to what surrounds us and connects us as a group.



Photo courtesy of Dublin Youth Dance company

CATHY WALSH



Photo by Robbie Sweeney

PERCOLATE RESIDENCY
21 October - 1 November

Cathy Walsh's latest performance project, *Dancy Dirting*, is an immersive training program attempting to reignite empathy, using recognisable metaphors from pop culture. In a society that has collapsed into echo chambers under the increasing pressure of polarised opinions, through reenacting scenes and dances from the film we can do real community building, activating people's sense of belonging through inclusion and entertainment.

PRO CLASS

25 Oct & 1 Nov | 12-1.30 pm | €7
Book at dancelimerick.ie

These two classes will focus on different aspects of Cathy's practice: solo practice and games, in relation to her residency research. We will warm up the body, voice, and the desire to play. We will focus our awareness, and expand our capacity to improvise, following a sense of pleasure and playfulness.

ALESSANDRA AZEVICHE

NDRP RESIDENCY
13-15 November

Alessandra Aceviche is the 2024 NDRP Awardee. The NDRP is a partnership between Dance Ireland, Dance Limerick, Dance Cork Firkin Crane, Galway Dance, and Tipperary Dance to provide a networked support to choreographers in the production of new dance work.

This residency gives Alessandra the opportunity to connect her debut solo *Terra* with communities in Ireland. The piece, which debuts at Dublin Fringe Festival, connects her present self and her ancestry with her surroundings and the rich Irish influences that have developed from her work with the different partners.

ANCESTRAL CIRCULARITY

AN AFRO-BRAZILIAN DANCE MASTERCLASS

15 November | 2-5 pm | €10
Book at dancelimerick.ie

Join Alessandra as she guides you through a transformative journey of movement rooted in ancient wisdom. Discover how to connect with your heritage and ancestors through the art of dance. This class is perfect for anyone looking to relax, have a good time and bond with different communities. No dance experience is necessary, just bring your enthusiasm and curiosity. Please wear comfortable clothing and bring water.



Photo by Paula Trojner

CLAIRE KEATING

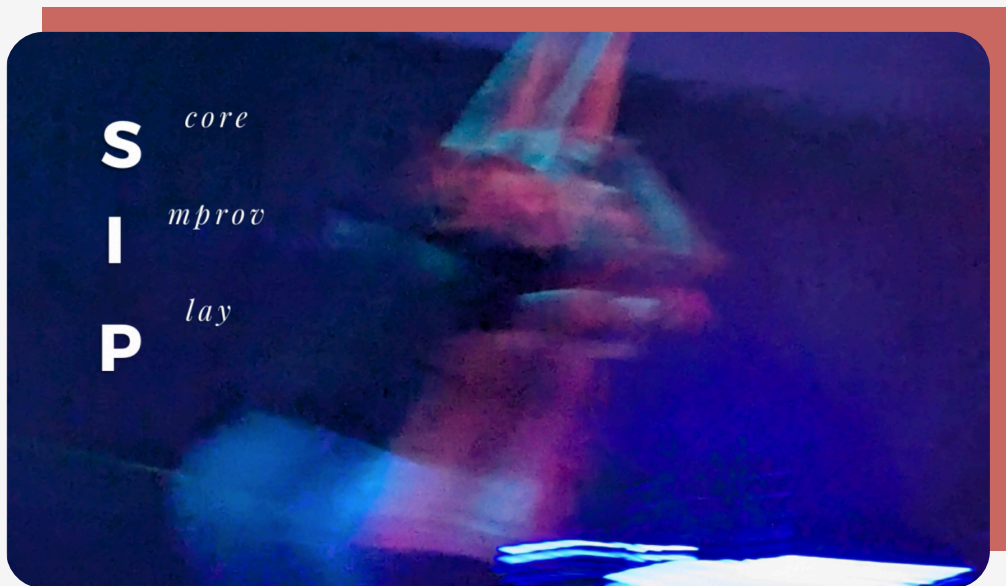


Photo by Mark Carberry

S *core*
I *mprov*
P *lay*

RESEARCH RESIDENCY

15-18 October

Claire's Residency marks a gathering point for this phase of research in movement and voice improvisation supported by an Arts Council Bursary. She has been exploring improvisational scores / containers for movement and voice, possibilities between modes of language, beyond language, modes of power and modes of freedom.

The intention anchoring her masterclasses will be to explore questions of shifting power in relation to freedom through the body in collective movement, vocal, sonic and spatial scores.

WORKSHOP

17 October 11 am - 2 pm | €10

Book at dancelimerick.ie

Claire will hold a workshop to share practices that have been a part of her research interweaving improvisational voice and movement.

SCORE/IMPROV/PLAY

17 October 6.30 - 8.30 pm

Free entry. Register dancelimerick.ie

An open evening for dance/sonic artists interested in exploring an interdisciplinary score with a choice of language for its expression in movement/ voice /sound/ light.

OPEN FUTURES

A LIGHT MOVES RESIDENCY PROJECT

Produced by Dance Limerick

2-6 December

Free sharing on 6 Dec

The three pair of artists selected for Light Moves Open Futures 2024 residencies - **Stephanie Keane and Paddy Mulcahy; Matías Homar and Angela Lopez / an0th3r.l0p3z, and Billy Kemp and Sophie Hutchinson** - will spend time at Dance Limerick, Digital Media and Arts Research Centre the Irish World Academy of Music and Dance at the University of Limerick, and Limerick City Gallery of Art. Further Open Futures masterclasses to be announced. More info on lightmoves.ie

2-DAY WORKSHOP: BEX ANDSON & DAV BERNARD

Hosted by Light Moves

Open Futures 2024

28 & 29 Nov | 11 am - 6 pm | €30

Book at dancelimerick.ie

Creative duo Bex Anson and Dav Bernard form visual theatre and scenography company Megahertz (MHz). Since winning the Total Theatre Fringe award with their first show VOID (2016), they have carved out a reputation for striking projects that mesh digital technology with experimental choreography, freestyle dance or circus.



Photo by Lucy Dawson

PRO CLASS WITH LEWIS WILKINS

IN COLLABORATION WITH THE
IRISH WORLD ACADEMY (UL)

27 Sept | 12-2 pm | €7
Irish World Academy
Book at dancelimerick.ie

We will delve into the practice of contact improvisation in solo, duet, and group arrangements. We will observe and initiate attentional shifts between the the body and the space around us. This sensory tuning will serve to enrich our physical communication and processing of sensations. We will explore weight sharing and safely supporting one another away from the ground, as well as useful solo patterns for rolling, sliding, falling and flying.



Photo by Jack Lewis Williams

PRO CLASSES WITH LUCIA KICKHAM

4, 11 Oct; 8, 22 Nov | 10 am-12 pm | €5

Online classes

Book at dancelimerick.ie

ONLINE

Lucia Kickham is a Wexford-based dance artist with an interest in group dynamics within improvisation, composition and teaching environments.

Dance Limerick is offering a meet and move series of online classes with Lucia. Join for a chance to connect with dance peers, to share a movement practice of care and attention. A space to tune in to what you need.



Photo by Irene Occhiato

COMPASS ASSOCIATE ARTIST OPEN CALL

IN COLLABORATION WITH THE IRISH WORLD
ACADEMY OF MUSIC AND DANCE

Deadline 23 August 12 pm

Full terms & conditions at dancelimerick.ie

Compass is tailored to the needs of the artist. It aims to support the artistic practice and career progression of a dance artist through resources and cultivating a relationship with Limerick's scene and spaces. The Compass 2024 Associate Artist will commence in Autumn 2024 and last for up to one year. The Compass Associate Artist will stimulate collaboration and dialogue between the artist and organisations to advance dance questions.

The selected artist will receive a Research & Development fund of €7,000 towards the creation of a new work to be presented at Dance Limerick. They will commence in the Autumn 2024 and last for up to one year, contributing to the dance ecology of Dance Limerick and the wider artistic and cultural scene in Limerick.

Email mary@dancelimerick.ie with any questions



Photo by Maurice Gunning

CREATING A CLIMATE FOR CHANGE IN LIMERICK



Photo by Maurice Gunning

Our Creating a Climate for Change in Limerick project continues this autumn with an exciting programme of events and activities. The project aims to promote behavioural change, just sustainability transitions, and climate literacy through easy-access creative media in the form of audio, visual, and movement stories.

Since the beginning of the year, the team has been working with participants from Dance Limerick, Croom Family Resource Centre, and Moyross Community Hub on researching and creating new ways of thinking about climate action through dance, conversation, drawing, and listening.

Find out what we've been up to and what's coming up for the project.

WORKSHOPS

Our free drop-in Community Workshops continue over the next few months allowing you to dance, draw and explore with the artists, and listen to key researchers while learning and contributing to the project.

Dance Limerick
Mondays 26 Aug; 23, 30 Sept; 21 Oct; 18 Nov 6-8 pm

Croom Family Resource Centre
Tuesdays 3, 24 Sept; 3, 22 Oct; 19 Nov 1-2.30 pm

Moyross Community Hub
Thursdays 29 Aug; 26 Sept; 3, 24 Oct; 21 Nov 11 am - 12 pm

ACCESS TRAINING SESSIONS

We invite local dance artists to join us for a series of online meet ups, to learn from experts in inclusive dance about easy read, visual stories and access aesthetics (audio description).

Email projects@dancelimerick.ie to participate

EXCHANGE DAY TRIP

Our next exchange day will take place on **Thurs 3 Oct in Moyross Community Centre and Dance Limerick.**

We will reflect on how dance helps us connect with nature, and gather to explore the magic of moving together.

We hope to see you there! More info at katy@dancelimerick.ie

END OF YEAR EVENTS

We invite you to join us for a number of free events to mark the culmination of the project. Team and participants will gather to celebrate and present the results of their year of exploration and research in climate action.

Thurs 21st Nov | Relaxed Performance at Dance Limerick
A Sensory Journey through movement, drawing and audio stories.

Fri 22nd Nov | Presentations & Discussion at LCGA
Creative team and partners present their research and findings.

Sat 23rd Nov | Celebration Gathering at Dance Limerick
A joyful culmination of our journey, featuring movement, listening, seeing, and more.



Photo by Vlada afanasievska

PROFESSIONAL DEVELOPMENT WEEK WITH COLIN DUNNE



#PhotobyAlit@jeitiff UCC

DEVELOPMENT WEEK FOR TRADITIONAL DANCERS

2-6 September

Fully booked

Following the success of last year's choreographic lab, Dance Limerick will host a Professional Development Week for Traditional Dancers with Colin Dunne. This intensive will focus on solo work and the nurturing and examination of dancers' unique physicality and creative voice.

Ten traditional dance artists have been selected to participate in this training week,

which will help expand and re-focus their approach to dance-making and performance.

Through morning class, movement and sound-making improvisation, writing exercises and short compositional studies, this opportunity aims to stimulate the participants' imagination and allow space for reflection, feedback, challenge and play in an open and nurturing environment.

INCLUSIVE DANCE ARTISTS PROGRAMME

IN PARTNERSHIP WITH LIMERICK CITY AND COUNTY COUNCIL

For more information email katy@dancelimerick.ie

The inclusive dance artists development programme is a training programme for invited dance artists with/without additional needs to come together to learn new skills, share, exchange and develop as dance artists together. Following the spring training sessions delivered by local and international dance artists, we will continue to gather in monthly meetups and a new strand of bespoke activity 1-1 professional exchanges.

Individuals will pair up and collaborate to further understand artistic interests and shape their own artistic practice, whether it might be teaching, performing, choreographing, developing their own projects or other strands of work.

With thanks to the artists currently involved in this project: Veronica, Sophie, Molly, Jimmy, Erin, Dorothy, Deirdre, Colette, Claire, Brian, Aoibhinn, Angie, Alice & Aisling



Photo by Vlada afanasievska

CONTEMPORARY

Tuesdays 6-7.15 pm

€96 for 8 weeks

Book at dancelimerick.ie

These classes are suitable for both beginners and those with experience in Contemporary Dance.

Our goal is to help develop your creativity and technique.

Through a series of energetic and challenging sequences and varied exercises, you will gain the skills and confidence to dance with ease.

For over 18s only.

HIGH KICKS OVER 50S

Thursdays 2-3.15 pm

€6 per class

Book at dancelimerick.ie

These classes are a fantastic way to maintain well-being and keep active. Learn new moves and enjoy a social dance, the emphasis is on having fun!

Each class features popular hit songs from past and present, inviting you to move your body and have fun while doing it.

KIDS DANCE CLUBS

Saturdays 10 am - 2 pm

€63 for 7 weeks

Book at dancelimerick.ie

Our Saturday dance clubs are a fantastic way for our young dancers to find their creativity, express themselves to the music, learn new moves and make new friendships in an active, safe, fun environment.

10-10.45 am 2 to 3 year olds

11-11.45 am 3 to 4 year olds

12-12.45 pm 5 to 8 year olds

1-2 pm 9 to 14 year olds

INCLUSIVE DANCE CLUB

Saturdays 2-3 pm

€84 for 7 weeks

Book at dancelimerick.ie

Inclusive Dance Club is an inspiring creative dance project for young people aged 7-16 with a physical disability/learning difficulty, involving inspirational workshops and an advisory group for family members. IDC enables participants to learn new dance skills and gain a sense of belonging to a group.

BALLET

Wednesdays

Beginners at 7.30-8.45

Improvers at 6-7.15 pm

€96 for 8 weeks

Book at dancelimerick.ie

Our **Ballet for beginners** class is a great introduction to the basics of ballet, while still giving you the opportunity to grow and enrich your knowledge and skills.

Ballet for improvers is the perfect combination of foundation elements and small challenges to keep you on your toes.

For over 18s only.

YOGA

Sundays 22 Sept, 20 Oct

& 24 Nov | 11 am - 12.30 pm | €15

Book clareodea@yahoo.com

Yoga sessions with Clare O'Dea including traditional techniques pranayama asana, meditation and yoga nidra. Suitable for those with yoga experience.

5RHYTHMS

Fridays 6 Sept, 4 Oct, 8 Nov & 6

Dec | 7 to 8.30 pm |

Book when.com/jennyfahy/

Explore what it is like to follow your own body, your own feet, your own instincts.

MOVEMENT FOR YOUR MIND

As part of DLBRIDGE Projects we are pleased to partner with Limerick Mental Health Association for another year. Move, connect and support mental health through exploring dance from different cultures.

Classes and evening events will also be held in **Killmallock** and **Newcastle West**. For more info and dates email katy@dancelimerick.ie

Morning events

Fridays 9:30-11 am

9,16,23, 30 August

6, 13, 20, 27 September

4, 11 October

Dance Limerick studio

Evening events

Fridays 23 & 28 Aug 6-8pm

Dance Limerick Performance Space

Over 18s only. No experience needed.

Contribution of €2 optional